

Christ The King Youth Group

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Session 1

WE'RE BACK.....Well online anyway! The Youth Group leaders have decided that it is really important that we stay in touch with you and try and create some of the youth group fun and games and most importantly prayer while we are in this difficult social situation. Each week we will upload games, challenges, craft activities and prayer reflections. We look forward to your pictures, videos and in some cases crazy dancing so that while we can't be together we can still try and keep in touch.

To begin with watch the video - who knew that we could learn how to do that in lockdown! Once you have watched the video we want to give you your first challenge - it's an easy one—a youth group classic but all of you have not had the chance to do it as yet.

FACE COOKIE

Your challenge is to place a cookie (or any biscuit) on your forehead and then using only your face get the cookie from your forehead to your mouth. See how quick you can do it or how funny you look while doing it! Get someone to video you or take pictures and send them to the email address above or upload them to the facebook page.

Camouflage me

Your second challenge this week is to turn yourself into a camouflage using house hold items, could your face be the picture in the frame? Are you the coat rack? Use your imagination! Again get some pictures and we will all be able to see what you're up to!

Sit Down If....

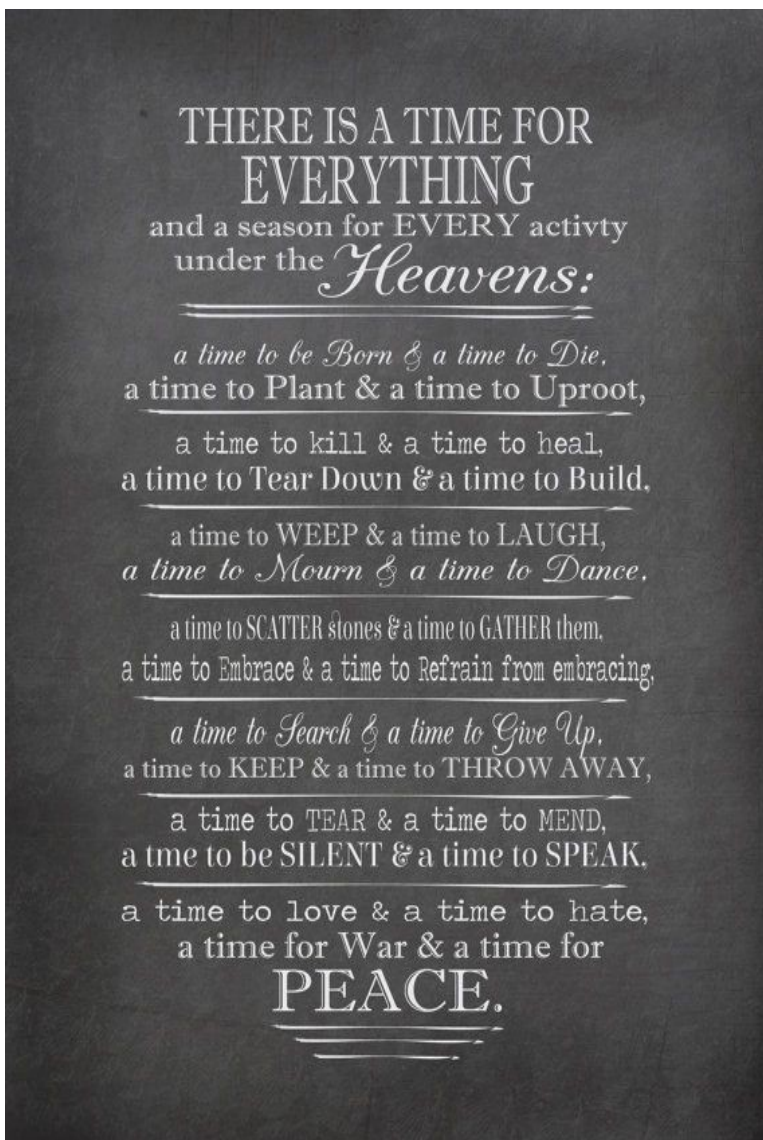
Finally, next week we'd love a massive game of 'Sit down if.... So film your self saying sit down if.....and then choose something like the examples in the video!

Prayer and Reflection

A time for everything

We are in some crazy times, times that are new to everyone around you. Never before have we seen the country have to go into lockdown, never before have we seen people being so poorly or losing loved ones in such numbers, never before have we not been able to go to mass.

The one thing that unites us is our Faith and in all of the time that we find ourselves having it is important that we take time to pray. Pray for those who are ill, pray for those that have lost loved ones, and to pray for ourselves.



Our Virtual Prayer Time

If you can and it is safe to do so with parent permission light a candle.

Make the sign of the cross

Read the reflection to the left.

Draw a clock and think about all of the things and people you would like to pray for. In each hour write about each thing or person that you are thinking about right now. You can use symbols instead if you like.

Once you have finished say an Our Father for all of those intentions.

Finish with the Sign of the Cross

Please take a picture of your clock—don't worry if you don't want to put your name on it or if you would only like to take a picture of part of the clock rather than all of it. We would love to put all of our prayers together.

Thanks for taking part in our fist Youth Group Online. Please do send us your videos and pictures so we can keep in touch and check back on Tuesday for the next online session!