

Christ The King Youth Group

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Session 2

Hello everyone! I hope that you are all OK and managing to stay safe. We have had some beautiful weather so I hope that you managed to enjoy the sunshine.

To begin with watch the video - <https://www.youtube.com/watch?v=nR8ptUCKv5g>

We know how brilliant you all are TIC TOC so we would love you to have a go at doing the intro to Blinded by the lights and send them to the email address above or upload them to facebook and we will try and put them all together!

TRY SOMETHING NEW

Being in lockdown seems to have people off in developing new skills. What have you been doing that you haven't been doing before? Maybe you have had a go at baking or perfecting a trick on the trampoline or a dance move? Send us a picture of you doing your new skill or some video footage.



There is a £10 amazon voucher up for grabs for the best photo/video footage! You can upload it to Facebook or send it to the email address above.



Sit Down If....

We still want to create a big game of sit down if using all of your ideas... please send them to us!

Have a great week everyone. Please do get in touch with us and let us know how you are. Send us your pictures and messages to everyone and we will make sure that they get put together for everyone to see.

Prayer and Reflection



If you can and it is safe to do so with parent permission light a candle.

Make the sign of the cross

The Alton Castle Team led an online night prayer on Hope. You can see it via this link or it is also shared on the facebook page.

Hope is something that Pope Francis asked all Catholics to focus on after the joy of the resurrection. He said that hope was something that each of us needs in our hearts to get through the tough times we might be feeling. We all need to hope for a brighter, better, more positive future.

If you can follow the team at Alton while they create the word Hope then please do so. If not then grab a piece of paper and write the word HOPE as big as you can. Use lots of colour to write around the different letters your thoughts on the following:

H—Happiness. Where do you see happiness? In your friend? In your families? At home? In nature? In games or on line media?

O- Openness. Is your heart open to hopefulness? Is your heart open to God? Are you open to change and the way the world is changing around us at the moment? Are you open and honest?

P—Positivity, peace and prayer. What do those three words mean to you? Are managing to stay positive? Are you using prayer to have a peaceful heart?

E—Everyone, everywhere on earth. We had no idea that this virus would connect the world in the way that is has. Everyone is being asked to play their part no matter how small. We are asked to consider others.

Finish your prayer by saying the prayer on the right and make the sign of the cross.

Please do send us your pictures of the prayers you make, We would love to hear from you.

A PRAYER FOR HOPE

Help us, Lord Jesus, to hold
steadfast to prayer,
Relying on the word of God, in all
despair,
That our Hopes in You will ever
increase
While our doubts and fears slowly
decrease.

Help us, Lord, to be a light of hope
To those who are in need.
To be an example of Your love and
mercy,
And to tell others of Your great
Grace and glory,
Amen!